

Nutrition: Introduction; Classification of food. Normal dietary requirements and deficiency diseases of each of the constituents of food. Preparation, Preservation and Storage of Food. Introduction to Diet Therapy. Community Nutrition. Common Preparations / Practicals.

NURS 1002 - LIFE SCIENCES FOR NURSING

Introduction to anatomical terms. Organization of body cells, tissues, organs, systems membranes and glands. Skeletal System. Muscular System. Cardiovascular System, Lymphatic System. Respiratory System. Digestive System. Urinary System. Nervous System. Endocrine System. Sense Organs. Reproductive System.

Microbiology: Introduction; Brief historical review of bacteriology and microbiology; Scope and usefulness of knowledge of microbiology in nursing. Micro-organisms. Infection and its transmission. Immunity. The control and destruction of micro-organisms. Introduction to Laboratory techniques.

NURS 1003 - PSYCHOSOCIAL CONTEXT OF HEALTH AND ILLNESS I

Psychology: Introduction; Definitions, scope of psychology and its importance in nursing profession. Psychology of Human Behaviours. Learning. Observation. Intelligence. Personality. Communication.

NURS 1004 - PHARMACOLOGY

Concept of pharmacology. Classification of drugs. Administration of drugs. General action of drugs.

NURS 1005 - MENTAL HEALTH NURSING

Introduction: Meaning of mental health and mental illness. History of Psychiatry. Mental Health Assessment. Community Mental Health. Psychiatric Nursing Management. Mental disorders and Nursing Interventions: Functional Mental disorders; Definition, etiology, signs, symptoms, medical and nursing management. Bio-Psychosocial Therapies: Psychopharmacology; Psychosocial therapies; Somatic therapy. Forensic Psychiatry/Legal Aspects. Psychiatric Emergencies and Crisis Intervention.

NURS 1006 - COMMUNITY HEALTH NURSING I

Introduction to Community Health and Community Health Nursing. Community Health Nursing Process.

Environmental Hygiene: Introduction. Environmental Factors Contributing to Health Water. Community Organization to Promote Environmental Health. Health care services in Mauritius. Health Planning in Mauritius.